

## Embodied Energetics

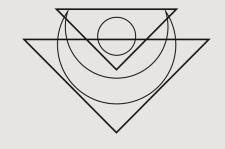
YOUR MINI GUIDE TO TRANSLATING YOUR OWN UNIQUE COSMIC BLUEPRINT

ASTROLOGY - HUMAN DESIGN - GENE KEYS

WITH LUCY MICHAELA ADAMS

"Explore your inner world, to understand your outer experience.

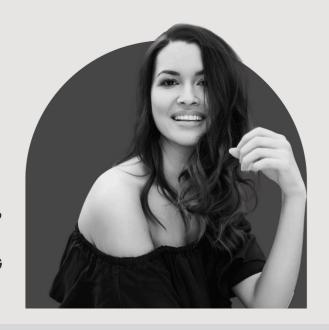




## ABOUT ME



MY INTENTION AS A FEMININE EMBODIMENT & ENERGETICS COACH, IS TO EMPOWER YOU WITH THIS KNOWLEDGE, TO EXPAND YOUR CURRENT SELF-AWARENESS, AND SUPPORT YOUR UNDERSTANDING OF HOW THESE SYSTEMS TRANSLATE UNIQUELY FOR YOU.



"We are all such wonderfully nuanced individuals, designed to bring our own knowledge and gifts to the world, and yet we live in a time that celebrates certain qualities and rejects others. It is my belief that this conditioning is responsible for so many people losing touch with their true essence, and not living life the way they are designed to. This leads to feeling disconnected from the Self and others, ranging from anxiety & depression, loneliness, fatigue, overworking ourselves, and burning out. **Embodied Energetics can empower you to take control of how you consciously choose to live your life**. It is the catalyst for developing self-awareness around how you wish to express yourself, and how you would like to receive from others. With this knowledge we can make more informed choices, and act in ways that really support both our gifts and our challenges."

ALL THREE OF THESE SYSTEMS CARRY WONDERFUL INSIGHTS THAT CAN HELP YOU RECONNECT TO ALL PARTS OF YOURSELF, AND I TRANSLATE YOUR CHARTS IN AN ENGAGING AND PRACTICAL WAY THAT HELPS YOU FALL IN LOVE WITH THE WHOLE, TO RECLAIM IT ALL, AND TAKE RESPONSIBILITY FOR YOUR FULLEST EXPRESSION.

I ENCOURAGE PEOPLE TO INVEST IN COACHING PACKAGES, AS THIS WILL ALLOW US TO JOURNEY THROUGH THE MANY INTRICATE LAYERS AND CHALLENGES OF THIS WORK. YOU CAN TAKE YOUR FIRST STEP WITH A READING, AND SEE WHAT IT AWAKENS FOR YOU. FROM THERE WE CAN DISCUSS THE COACHING STYLE MOST SUITED TO YOUR INDIVIDUAL NEEDS.

### EMBODIED ENERGETICS IS THE LANGUAGE OF THE STARS, AS FELT THROUGH THE BODY.

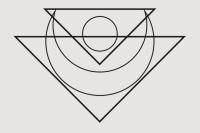


I teach these archetypal codes as an **awakening** and an invitation to **open** to new possibilities of who you are, and how your soul came here to evolve in this lifetime.

This it NOT a labelling system - it is a celebration of what makes us all unique.

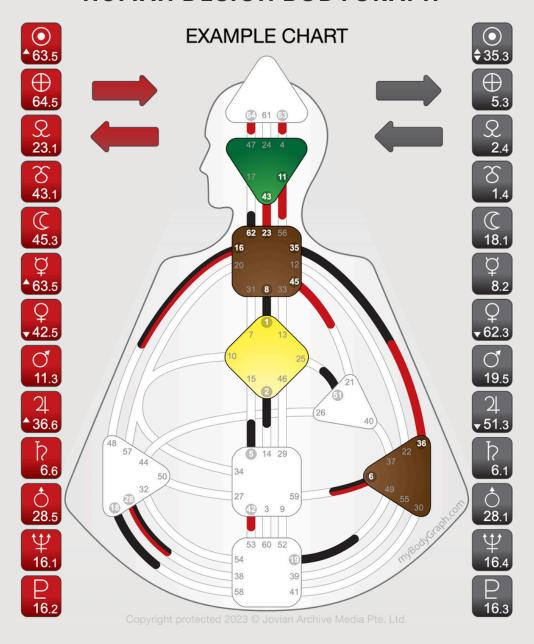
#### **INFUSING 3 MODES OF SELF-ENQUIRY;**

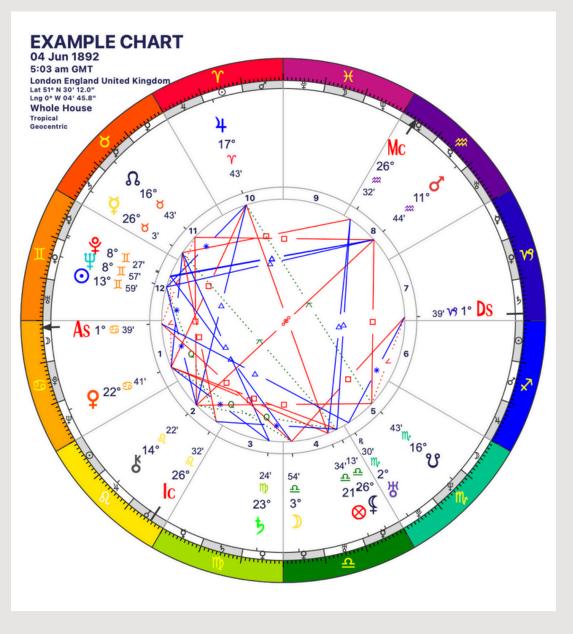
- >> YOUR HUMAN DESIGN BODYGRAPH
- >> YOUR ASTROLOGY NATAL CHART
- >> YOUR GENE KEYS SEQUENCING



#### **HUMAN DESIGN BODYGRAPH**

#### **ASTROLOGY NATAL CHART**





# BODYGRAPH YOUR

#### 58.1 Lucy Michaela Adams **○** • 25.5 46.5 ⊕ 152.1 64 61 63 ∑ 37.1 S. 55.5 ℃ 40.1 ℃ 59.5 (C 48.4 (C 33.4 Ф 22.5 Ф 54.4 О 9.6 ♀ • 25.2 **♂** ^51.3 **O** 16.2 2<u>4</u> 8.3 2<u>4</u> 20.2 ∱ **√** 58.2 ∱ 38.4 ↑ 10.4 ¥ **^38.**1 ¥ 38.3

This is your bodygraph - you can explore it more over at www.mybodygraph.com

#### YOUR UNIQUE BLUEPRINT



#### AURA:

THE OUTWARD EXPRESSION OF YOUR ENERGY FIELD.

#### STRATEGY:

HOW TO SHARE YOUR ENERGY EFFICIENTLY

#### **AUTHORITY:**

WHERE YOU SHOULD MAKE DECISIONS FROM

#### PROFILE:

THE WAY YOU EXPRESS YOUR UNIQUE CHARACTER

#### **SELF THEME:**

HOW IT FEELS TO BE LIVING IN ALIGNMENT WITH YOUR DESIGN

#### **NOT-SELF THEME:**

HOW IT FEELS WHEN YOU ARE TAKING ON EXTERNAL CONDITIONING

#### A SUMMARY OF THE 5 AURA'S

AN AURA IS THE SUBTLE ENERGY FIELD IN AND AROUND YOUR BODY.
JUST AS THE EARTH HAS A MAGNETIC FIELD, YOUR BODY HAS AN AURIC FIELD.

IN HUMAN DESIGN THERE ARE 5 AURA TYPES THAT DIFFERENTIATE THE OUTWARD EXPRESSION OF YOUR ENERGY. THIS IS HOW OTHERS EXPERIENCE YOU, AND THE FELT SENSE WHEN YOU COME INTO CONTACT & INTERACTION.

#### **MANIFESTORS - THE INITIATORS**

**AURA IS CLOSED & REPELLING** 

STRATEGY = TO INFORM

NOT SELF THEME = ANGER

SIGNATURE = PEACE

MOTOR TO THROAT CONNECTION

#### **GENERATORS - THE BUILDERS**

**AURA IS OPEN & ENVELOPING** 

STRATEGY = TO RESPOND

/MANIFESTING GENERATORS = TO RESPOND & THEN INFORM

NOT SELF THEME = FRUSTRATION

SIGNATURE = SATISFACTION

SACRAL DEFINITION

#### **PROJECTORS - THE GUIDES**

AURA IS FOCUSED & ABSORBING

STRATEGY = TO WAIT FOR THE INVITATION

NOT SELF THEME = BITTERNESS

SIGNATURE = SUCCESS

NO SACRAL / NO MOTOR TO THROAT CONNECTION

#### **REFLECTORS - THE DISCERNERS**

**AURA IS SAMPLING** 

STRATEGY = TO WAIT OUT THE LUNAR CYCLE

NOT SELF THEME = DISAPPOINTMENT

SIGNATURE = SUPRISE

NO DEFINITION



#### HIERARCHY OF AUTHORITY'S

THE 8 AUTHORITIES ARE OUR INNER GOVERNMENT. WHERE WE GO TO CONSULT BEFORE MAKING DECISIONS.

HUMAN DESIGN ALLOWS US TO TUNE IN TO HOW OUR ENERGY WANTS TO MOVE, WHAT OUR NATURAL FLOW IS SAYING, AND HOW WE WANT TO EXPRESS IN THE WORLD - SO THAT ULTIMATELY WE CAN MOVE INTO DEEPER STATES OF ALIGNMENT.

THE MECHANICS = HOW THE PERSON WILL OPERATE

#### **SOLAR PLEXUS = EMOTIONAL AUTHORITY**

AN EMOTIONAL WAVE. WAITING FOR CLARITY. TIME IS KEY.

#### SACRAL = SACRAL AUTHORITY

SACRAL SOUNDING - YES OR NO FELT SENSE - AHA/NA UH

#### SPLEEN = SPLENIC AUTHORITY

INSTANT RESPONSE IN THE NOW MOMENT - INTUITIVE KNOWING

#### **HEART = EGO MANIFESTED AUTHORITY**

LISTEN TO WHAT YOU SAY, OVER WHAT YOUR MIND THINKS

#### **HEART = EGO PROJECTED AUTHORITY**

TUNE INTO YOUR WANTS AND DESIRES - WILLPOWER

#### **G** = **SELF AUTHORITY**

LISTEN TO AND TRUST YOUR VOICE IN THE MOMENT

#### **ENVIRONMENT = NO INNER AUTHORITY**

(MENTAL PROJECTORS ONLY)

GUIDANCE FROM SENSORY INFORMATION ABOUT THE ENVIRONMENT THROUGH THE OPEN CENTRES

#### MOON = LUNAR CYCLE

CONTEMPLATE & DISCUSS THE ISSUE FOR THE 28 DAY LUNAR CYCLE - ARRIVE TO A DECISION THROUGH HEARING THEMSELVES TALK OVER TIME



PROFILES PROFILES HELP US TO UNDERSTAND OUR ROLES, THE WAYS WE EXPRESS OUR UNIQUE CHARACTER ON THE STAGE OF LIFE. WHEN WE LIVE OUT OUR PROFILE, WE MEET OUR LIFE PURPOSE.

**UPPER TRIGRAM: 4-6** 

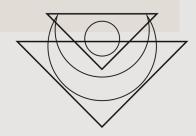
TRANSPERSONAL - OTHER FOCUSED



**LOWER TRIGRAM: 1-3** 

PERSONAL - SELF FOCUSED

WE ALL HAVE A PROFILE MADE UP OF TWO OF THESE LINES, WHICH CREATES YET ANOTHER UNIQUE COMPOSITION THAT WORKS WITH THE REST OF YOUR HUMAN DESIGN CHART





#### **DEFINED CENTRES-**

THESE WILL APPEAR COLOURED IN YOUR CHART.
THIS IS WHEN TWO CENTRES CONNECT VIA A
DEFINED CHANNEL, WHICH HAS BEEN ACTIVATED
BY PLANETS IN TWO CONNECTING GATES.

- FIXED AND CONSISTENT ENERGY
- RELIABLE 24/7 ACCESS
- THIS EXPRESSION IS ALWAYS AVAILABLE
   TO YOU
- YOUR ROLE IS TO BUILD ON THIS
   FAMILIARITY AS PART OF YOUR UNIQUE
   DESIGN, AND MASTER A HEALTHY

   EXPRESSION OF THIS ENERGY
- BE AWARE OF HOW YOU PROJECT THIS
   ONTO UNDEFINED CENTRES!

#### **UNDEFINED CENTRES-**

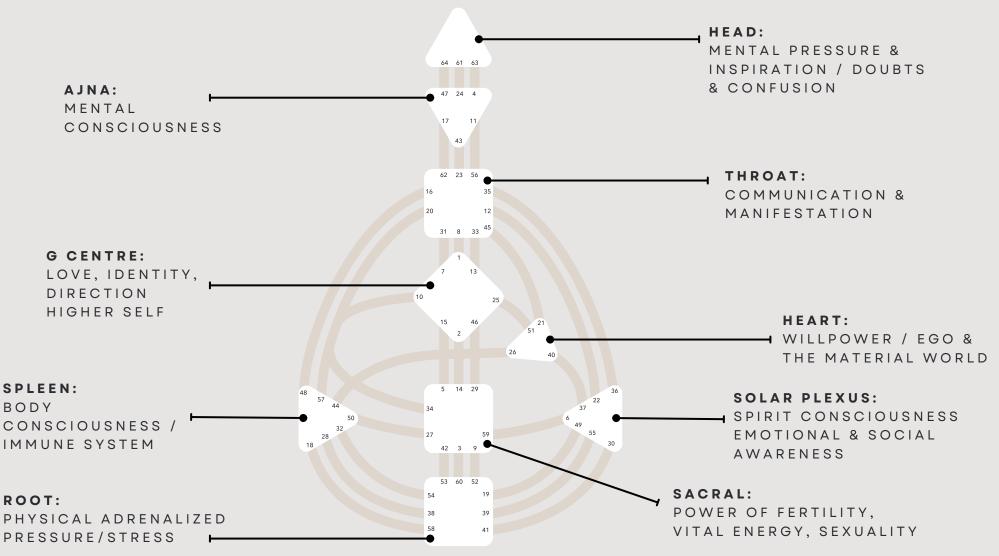
THESE WILL APPEAR WHITE IN YOUR CHART. YOU MAY STILL HAVE GATES ACTIVATED, HOWEVER THESE DO NOT CONNECT TO A FULL CHANNEL - WE CALL THEM HANGING GATES. THE ENERGY IS LOOKING TO CONNECT THE FULL CHANNEL.

- THE ENERGY IS SAMPLED DEPENDING ON THE
   ENVIRONMENT, COMPANY, AND PLANETARY TRANSITS
- NOT CONSISTENT NOT DESIGNED TO HOLD ONTO IT
- YOU EXPERIENCE THIS ENERGY BUT THEN RELEASE IT
- YOUR ROLE IS TO SAMPLE AND EXPERIENCE THE
   DIFFERENT EXPRESSIONS OF ENERGY AVAILABLE TO

   FEEL WITHIN THIS CENTRE, NOT TO FIXATE ON ANY.
- BE AWARE OF TAKING ON THIS ENERGY AS PART OF
  YOUR IDENTITY THIS CREATES A NOT-SELF THEME WHICH CONDITIONS YOU TO CARRY SOMEONE ELSES
  ENERGY/ WAY OF EXPRESSING ENERGY.

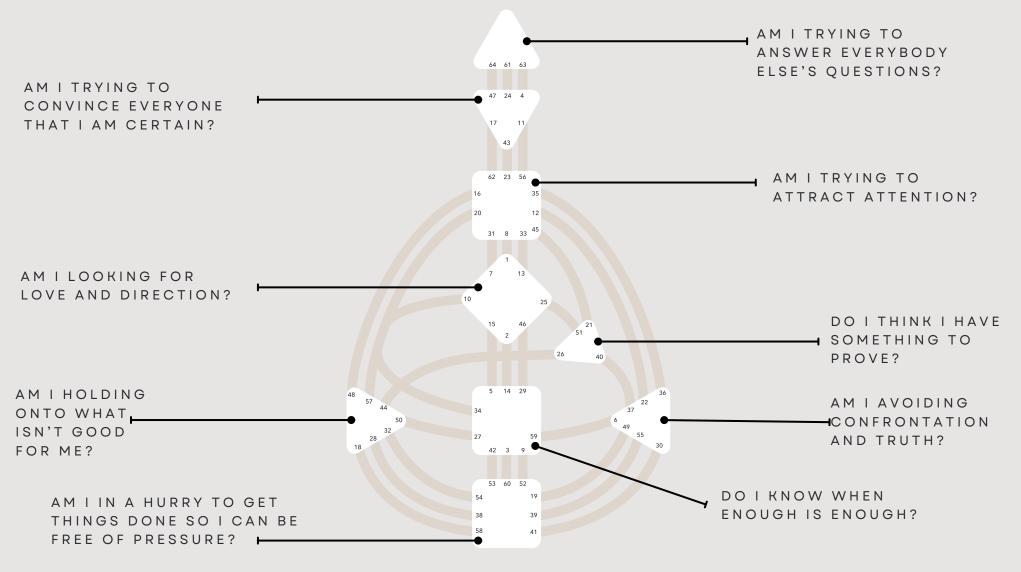


#### THEMES OF THE 9 CENTRES



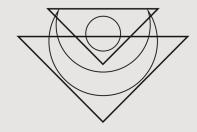


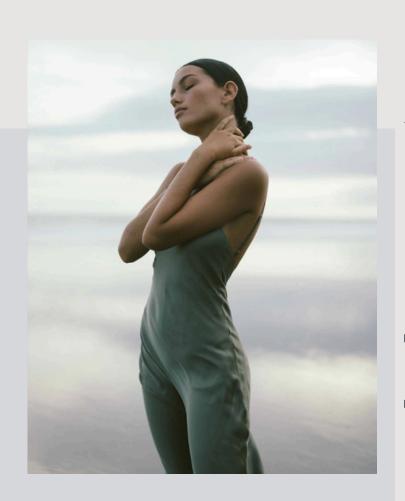
#### THE NOT SELF THEMES OF THE OPEN CENTRES



#### READING A HUMAN DESIGN BODYGRAPH

- DOWNLOAD A COPY OF YOUR BODYGRAPH FROM MYBODYGRAPH.COM
- YOUR AURA & STRATEGY AS HOW YOU EXPRESS ENERGY
- YOUR AUTHORITY AS HOW YOU MAKE DECISIONS
- YOUR PROFILE AS HOW YOU ENGAGE WITH OTHERS
- CONDITIONING VIA OPEN CENTRES
- YOUR UNIQUE GIFTS & CHALLENGES VIA GATES & CHANNELS

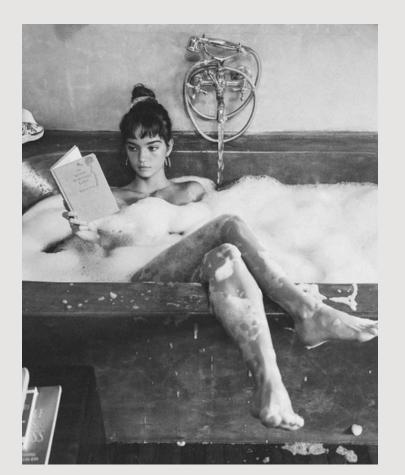


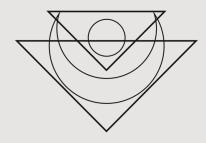


"ASTROLOGY IS A MYTHIC LANGUAGE, THAT CONTAINS UNIVERSAL TRUTHS ABOUT THE HUMAN SOUL."

#### READING A NATAL CHART

- DOWNLOAD A COPY OF YOUR NATAL CHART FROM ASTRO-SEEK.COM (WHOLE HOUSE ASC HORIZONTAL)
- THE PLANETS AS COSMIC TEACHERS & MESSENGERS
- THE ZODIAC SIGNS AS PSYCHOLOGICAL ARCHETYPES
- THE HOUSES AS LIFE AREAS







#### THE PLANETS AS COSMIC MESSENGERS & TEACHERS

 $(\cdot)$ THE SUN - GOD OF LIGHT & LIFE: BASIC IDENTITY, WILL & CONSCIOUS PURPOSE THE MOON - RULER OF THE NIGHT: EMOTIONS, FEELINGS, DAILY HABITS, SUBCONSCIOUS MERCURY - MESSENGER OF THE GODS: THE CAPACITY TO THINK, SPEAK, LEARN & REASON VENUS - GODDESS OF LOVE: THE CAPACITY TO ATTRACT PEOPLE AND THINGS, VALUES, LOVE MARS - GOD OF WAR: THE CAPACITY TO INITIATE, ACT, AND ASSERT YOURSELF BASED ON PERSONAL DESIRE 2 JUPITER - KING OF THE GODS: THE SEARCH FOR MEANING, TRUTH, ETHICAL VALUES, HIGHER PURPOSE ħ SATURN - LORD OF TIME: THE CAPACITY TO CREATE ORDER, FORM, AND DISCIPLINE URANUS - MAKER OF WORLDS: UNIQUE INDIVIDUALITY, AND URGE TO LIBERATE YOURSELF FROM PAST LIMITATIONS Ψ NEPTUNE - ECSTACY AND DREAMS: CAPACITY TO TRANSCEND THE FINITE SELF THROUGH EXPRESSING UNITY WITH THE WHOLE PLUTO - LORD OF THE UNDERWORLD: CAPACITY TO TRANSFORM AND RENEW YOURSELF



#### THE 12 ZODIAC SIGNS & THEIR POSITIVE TRAITS

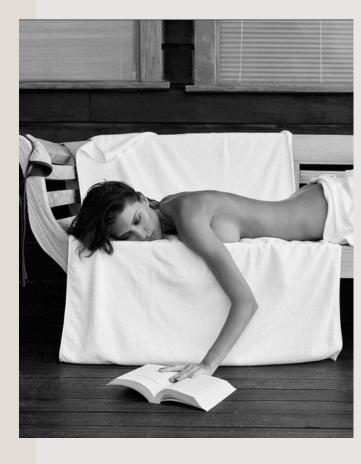


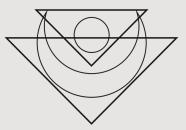
	ARCHETYPE	MODE & ELEMENT	POSITIVE QUALITIES
$ \Upsilon $	ARIES	CARDINAL FIRE	INITATING, PIONEERING, INNOVATIVE, INSPIRING, DARING, SPONTANEOUS, DIRECT, ENERGETIC, CONFIDENT, ASSERTIVE, HEADSTRONG, ENTHUSIASTIC, INDEPENDENT, COURAGEOUS, FEARLESS, COMPETITIVE
४	TAURUS	FIXED EARTH	EARTHY, PRODUCTIVE, PRACTICAL, SENSUAL, PHYSICAL, RESOURCEFUL, STABLE, RELIABLE, DEPENDABLE, LOYAL, TRUSTWORTHY, PATIENT, DELIBERATE, DETERMINED, ARTISTIC, DOMESTIC
П	GEMINI	MUTABLE AIR	MENTAL INTELLIGENCE, QUICK LEARNER, WITTY, CURIOUS, INQUISITIVE, ALERT, LOGICAL, RATIONAL, KNOWLEDGABLE, STUDIOUS, COMMUNICATIVE, ARTICULATE, SOCIABLE, VERSATILE, ADAPTABLE, CLEVER, LIGHT-HEARTED, INVENTIVE
99	CANCER	CARDINAL WATER	EMPATHIC, RECEPTIVE, SENSITIVE, GENTLE, SYMPATHETIC, NURTURING, PROVIDING, CARING, PROTECTIVE, SUSTAINING, MATERNAL, DOMESTIC,
ઈ	LEO	FIXED FIRE	SELF-ASSURED, CONFIDENT, DYNAMIC, POWERFUL, AUTHORITATIVE, RADIANT, MAJESTIC, HONOURABLE, PROUD, LEADERSHIP, COURAGEOUS, LOYAL, CREATIVE, DRAMATIC, PERFORMATIVE, LOVING, GENEROUS, PLAYFUL, FLAMBOYANT, ROMANTIC
m <sub>2</sub>	VIRGO	MUTABLE EARTH	PRACTICAL, EFFICIENT, CLEAR, ANALYTICAL, DISCERNING, PRECISE, DETAILED, ORGANISED, DISCIPLINED, SKILLFUL, HELPFUL, DUTIFUL, CONSCIENTIOUS, HEALTH CONSCIOUS
Ω	LIBRA	CARIDNAL AIR	RELATING, SHARING, COOPERATIVE, PARTNER ORIENTED, SOCIAL, AGREEABLE, EASYGOING, CONSIDERATE, BALANCED, FAIR, TACTFUL, DIPLOMATIC, CHARMING, ARTISTIC, REFINED, BEAUTIFUL, HARMONIOUS, TASTEFUL
m,	SCORPIO	FIXED WATER	REGENERATING, TRANSFORMING, CATHARTIC, COMPLEX, HEALING, RENEWING, MUSICAL, RESEARCHING, PENETRATING, EROTIC, SEXUAL, INTENSE, MAGNETIC, POWERFUL, EMOTIONAL, MYSTERIOUS, DEEP, PSYCHOLOGICAL
$\nearrow$	SAGITTARIUS	MUTABLE FIRE	WISE, UNDERSTANDING, PHILOSOPHICAL, ETHICAL, IDEALISTIC, RELIGIOUS, VISIONARY, MORAL, TRUTH-SEEKING, OPEN MINDED, OPTIMISTIC, HOPEFUL, JOYOUS, EXPANSIVE, GENEROUS, PHILANTHROPIC, ADVENTUROUS, FREEDOM LOVING, OUTSPOKEN, HONEST, ATHLETIC
η,	CAPRICORN	CARDINAL EARTH	ORGANISED, PRACTICAL, RESPONSIBLE, DISCIPLINED, DUTIFUL, CONSCIENTIOUS, STRUCTURED, SYSTEMATIC, HARDWORKING, MATURE, DEPENDABLE, INDUSTRIOUS, REALISTIC, CONSTRUCTIVE, PLANNING, ORDERLY, CAUTIOUS, AMBITIOUS, ACHIEVING, SUCCESSFUL, RECOGNISED
<b>***</b>	AQUARIUS	FIXED AIR	REFORMING, PROGRESSIVE, LIBERAL, HUMANITARIAN, DEMOCRATIC, UNIVERSAL, ALTRUISTIC, PHILANTHROPIC, FRIENDLY, SOCIAL, PEOPLE-ORIENTED, INDEPENDENT, FREEDOM LOVING, ORIGINAL, BOHEMIAN, ECCENTRIC, EXPERIMENTAL, UNUSUAL, UNCONVENTIONAL, INNOVATIVE, REVOLUTIONARY, FUTURISTIC, PROGRESSIVE, NEW AGE, INTUITIVE, INVENTIVE, SCIENTIFIC
<del>)(</del>	PISCES	MUTABLE WATER	UNIFYING, DISSOLVING, SUBTLE, INFINITE, REFINED, IMAGINATIVE, DREAMY, POETIC, EMOTIONAL, INSPIRING, IDEALISTIC, VISIONARY, ROMANTIC, MYSTICAL, INTUITIVE, SPIRITUAL, OTHERWORLDLY, PSYCHIC, EMPATHIC, COMPASSIONATE, GENTLE, HEALING,

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#### THE 12 HOUSES & LIFE AREAS

HOUSE RULED BY ZODIAC	LIFE AREA
FIRST ARIES	THE SELF: YOUR PERSONALITY, MANNERISMS, HOW YOU PRESENT TO OTHERS
SECOND TAURUS	PHYSICAL POSSESSIONS: ATTITUDES TOWARDS FINANCES, PERSONAL RESOURCES, ATTACHMENTS
<b>THIRD</b> GEMINI	COMMUNICATION & LEARNING: MENTAL ACTIVITY, CONVERSATION, TEACHING, SHORT JOURNEYS, SIBLINGS, NEIGHBOURS (COMMUNITY - SISTERHOOD/BROTHERHOOD)
FOURTH CANCER	THE HOME & FAMILY: TRADITIONS, ROOTS, HERITAGE, EMOTIONAL SECURITY, THE PRIVATE SELF, MOTHER
FIFTH LEO	SELF-EXPRESSION: CREATIVE PURSUITS, CHILDREN, THE ARTS, ROMANCE & SEX, PLEASURE
SIXTH VIRGO	SELF-IMPROVEMENT: TAKING CARE OF THE BODY, HEALTH, ROUTINE, WORK ENVIRONMENT, SERVICE AS A MEANS OF HEALING OTHERS/ YOURSELF, CONNECTION TO ANIMALS
SEVENTH LIBRA	RELATIONSHIPS: 1:1 OR SMALL GROUP INTERACTION, MARRIAGE, BUSINESS PARTNERSHIPS, LEGAL CONTRACTS, ALLIANCES
EIGHTH SCORPIO	TRANSFORMATIONS: INTENSE UNIONS, SEXUAL ACTIVITIES, DEATH & REBIRTH, JOINT RESOURCES, INVESTMENTS, INHERITANCE, THE UNKNOWN, PSYCHIC REALMS, THE OCCULT, PSYCHOLOGY, DEPTH
NINTH SAGITTARIUS	EXPANSION OF AWARENESS: THE SEARCH FOR A HIGHER PURPOSE, COLLECTIVE THINKING, PHILOSOPHY, LONG DISTANCE TRAVEL, METAPHYSICS, RELIGION, SPIRITUALITY, BELIEF SYSTEMS, MORALS, HIGHER EDUCATION, PUBLISHING, TEACHERS, GURUS, PROPHETIC DREAMS
TENTH CAPRICORN	CAREER: YOUR STANDING IN THE COMMUNITY, PUBLIC LIFE, VOCATION, PROFESSION, CAREER, BUSINESS, STATUS, SOCIETAL RECOGNITION, ACHIEVEMENTS, ACCOMPLISHMENTS, REPUTATION, THE FATHER
ELEVENTH AQUARIUS	SOCIAL REFORM: GROUPS, CONTRIBUTIONS TO THE COLLECTIVE, SOCIAL CAUSES, THE COMMON GOOD, HUMANITARIANISM, GLOBAL AWARENESS, HOPES, WISHES, DREAMS, ASPIRATIONS. UNIVERSAL LOVE
TWELFTH PISCES	<b>TRANSCENDENCE</b> : FREE YOURSELF FROM PAST RESTRICTIONS, RESOLVE PAST KARMA, INNER PEACE, SERVICE TO HUMANITY, RETREATS FROM THE WORLD, ESCAPISM, SELF-UNDOING, THE SHADOW





#### READING A GENE KEYS SEQUENCE

DOWNLOAD A COPY OF YOUR ACTIVATION SEQUENCE & AUDIO'S FROM GENEKEYS.COM

- YOUR LIFES WORK
  - WHAT YOU ARE HERE TO DO
- YOUR EVOLUTION
  - WHAT YOU ARE HERE TO LEARN
- YOUR RADIANCE
  - WHAT KEEPS YOU HEALTHY
- YOUR PURPOSE
  - WHAT DEEPLY FULFILS YOU





#### HOW TO BUILD YOUR OWN CHART







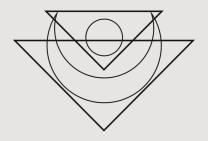
#### HUMAN DESIGN ASTROLOGY

- AURA & STRATEGY
- AUTHORITY
- PROFILE
- OPEN/DEFINED CENTRES
- GATES & CHANNELS

- SUN
- MOON
- RISING / ASCENDANT
- CHART RULER
- 12 LIFE AREAS
- WHERE DO YOUR PLANETS FALL? HOUSE/ZODIAC SIGN

#### GENE KEYS

- LIFES WORK
- EVOLUTION
- RADIANCE
- PURPOSE



#### RECOMMENDED READING

#### **HUMAN DESIGN:**

A BASIC UNDERSTANDING -HUMAN DESIGN BY CHETAN PARKYN

THE FOUNDATIONS OF HUMAN DESIGN - THE DEFINITIVE BOOK OF HUMAN DESIGN BY LYNDA BUNNELL

FUNDAMENTALS & SUMMARY OF GATES - THE HUMAN DESIGN SYSTEM BY RA URU HU (FOUNDER OF HD)

WWW.MYBODYGRAPH.COM TO DOWNLOAD AND EXPLORE YOUR CHART

#### **GENE KEYS:**

AN EXPLORATION OF THE 64 GENE KEYS - THE GENE KEYS BY RICHARD RUDD

WWW.GENEKEYS.COM - FREE SUMMARY - AUDIO FILES - EXPLORE YOUR ACTIVATION SEQUENCE
SIGN UP TO THE PULSE/ TRIPLE FLAME APP - FOR FREE WEEKLY AUDIO OF THE GATE THE SUN IS IN

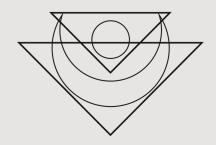
#### ASTROLOGY:

LEARNING ABOUT YOUR UNIQUE CHART - ASTROLOGY FOR YOURSELF BY BLOCH & GEORGE ASTROLOGY FOR SELF-DISCOVERY - ASTROLOGY AND THE AUTHENTIC SELF BY DEMETRA GEORGE MYTHOLOGY THROUGH THE PLANETS & ZODIAC - MYTHIC ASTROLOGY INTERNALISING THE PLANETARY POWERS BY ARIELLE GUTTMAN & KENNETH JOHNSON

ASTROLOGY, PSYCHOLOGY & MYTH - MYTHIC ASTROLOGY APPLIED, PERSONAL HEALING THROUGH THE PLANETS BY ARIELLE GUTTMAN & KENNETH JOHNSON

THE PLANETS, HOUSES & ASPECTS - PLANETS IN TRANSIT BY ROBERT HAND THE HOUSES - THE TWELVE HOUSES BY HOWARD SASPORTAS

WWW.ASTRO-SEEK.COM TO DOWNLOAD YOUR NATAL CHART
>>UNDER OPTIONS SELECT TO USE 'WHOLE HOUSE ASC HORIZONTAL'



## IT'S YOUR TURN!

EMAIL TO BOOK: HELLO@LUCYMICHAELAADAMS.COM

Please enquire for in-person availability in London or Margate

#### **BOOK A READING**

FANCY HAVING YOUR OWN BESPOKE 1:1 READING?

BOOK AN EMBODIED ENERGETICS READING TO EXPLORE YOUR CHARTS IN MORE DETAIL.

£145 - WRITTEN REPORT + LIVE ZOOM CALL

£105 - WRITTEN REPORT + RECORDED READING

£75 WRITTEN REPORT ONLY

£45 MINI CHART ANALYSIS

#### **NEW OFFERING...**

**BOOK A TOPICAL READING FOR £75** (1HR LIVE CALL)

CHOOSE ONE FOCUS AREA TO EXPLORE

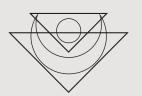
- CAREER
- RELATIONSHIPS
- PERSONAL-DEVELOPMENT
- SOLAR RETURN

Due to the intricate nature of writing personal charts I limit these to only offer a small number each month.

Please enquire with the intention of a 3-4 week wait time. This may by longer during busier months & I will always do my best to offer you a suggested lead time when you enquire. Live calls are scheduled when you book in.

Payment plans are also available.

## LET'S CONNECT







< < FOLLOW ME ON INSTAGRAM

@LUCYMICHAELAADAMS

FROM REIKI TRAININGS, TO MOON GATHERINGS, TO ASTROLOGY WORKSHOPS & SOCIALS - THERE IS A LOT HAPPENING IN MY WORLD AND I WOULD LOVE YOU TO BE A PART OF IT.

I HAVE ALL SORTS OF LOVELY THINGS HAPPENING BOTH ONLINE AND ACROSS LONDON AND MARGATE, SO FOLLOW ME ON INSTAGRAM AND JUMP ON MY MAILING LIST TO STAY UP-TO-DATE WITH ALL MY UPCOMING EVENTS & OFFERINGS.

HELLO@LUCYMICHAELAADAMS.COM FOR ALL OTHER ENQUIRIES